#### MISSION STATEMENT

The "Federation Of Refugees from Vietnam In Lewisham" commits to do its best to provide emotional and practical support, through a range of services, to those Vietnamese community members in this London borough, who are in needs, to help relieve their hardship and distress, isolation and poverty.



### WHAT IS FORVIL?

FORVIL is a short name of the "Federation Of Refugees from Vietnam In Lewisham".

This is a charitable voluntary organisation, set up in April 1992, as a focal point for Vietnamese elders and carers, where they could gather and find mutual support once a week. Since then, **FORVIL** has developed more and more services to meet the needs not just of elders and carers but also of other members of the Lewisham Vietnamese community.

FORVIL now has had many Projects and Schemes, such as: Carers Support, Health Advice Drop-In, Luncheon Club, Visiting & Befriending, Newsletter, etc.

### WHAT CAN FORVIL DO FOR ME?

FORVIL can provide you with:

- General information and advice on:
   Welfare Benefits, Social services, Housing,
   Health, Immigration, Education, Training,
   Employment, etc;
- Language support with verbal Translation, Making inquiries, Filling forms, and... Interpretation on the phone in emergency cases;
- Health promotion and some health care activities (dental check up, blood pressure check, eye test, aromatherapy);
- Visiting and Short Breaks for Carers;
- Basic Health care and Health promotion activities;
- Outing,
- Luncheon Club and Recreation;
- Festive and Cultural events;
- Newsletters.

# WHEN CAN I COME TO GET HELP?

**FORVIL** office opens from 09.00 AM. You can drop in anytime in the morning, up to 12.00 PM.

#### The office is closed between 12.00 to 13.00

After that, you will only be helped if you have made an appointment in advance.

We need time for doing paperwork or meetings in the afternoon.

### IF I AM NOT HAPPY...

You are welcomed to make complaints or criticism about the treatment or services you have received which you feel is not appropriate or not adequate. There are "Complaints Register Books" available in the office and at the Luncheon Club for this purpose.

You can also write directly to the MC and they will investigate the matter then inform you of the outcomes within ten working days

### WHERE CAN I FIND FORVIL?

FORVIL is based at

Evelyn Community Centre, Wotton Road, Deptford, London SE8 5TQ.

To get there, please refer a map overleaf.

If you still find it difficult to get to there, please give us a ring on

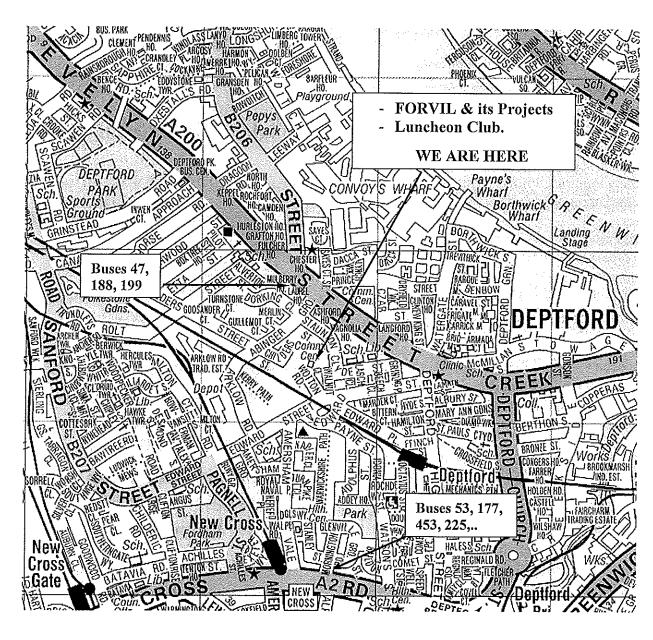
020 8694 0952

Or Email: forvilandproject@yahoo.co.uk

# WHO SHOULD I ASK FOR?

Please ask for:

Mr. Anh Tu, FORVIL Co-ordiantor





# FEDERATION OF REFUGEES FROM VIETNAM IN LEWISHAM

a place to gather for mutual support of people from vietnam

Where there is daily practical help for those Vietnamese facing difficulties

a place of healthy lunches and beneficent activities

a place of entertainment, learning and having new friends, for Vietnamese of any ages

A PLACE TO BUILD UP A STRONG COMMUNITY FOR VIETNAMESE IN LEWISHAM

FOR MORE INFORMATION PLEASE RING

020 8694 0952

Website: www.forvil.org.uk







